

Here is the report from our confluence in Koli, Finland.

We need to do 4 things with this:

1. Report to R3.0 Conference people
2. Make a letter from it that we can share with potential network members and those who we contacted before - who said keep us informed, but we cannot make that event
3. Use the data in it for a conference paper (more of a presentation) for the SUCH conference
4. Put it on the ISD website - with pictures

Confluence Report

The 12th International R3.0 Conference - Braiding Bioregional Resilience & Regeneration: Learning to Reinhabit Earth Together

was held 9th, 10th and 11th of September 2025 world wide. This Newsletter gives an overall link to the reported R3.0 Conference content:

<https://mailchi.mp/r3-0/conference-newsletter2025?e=284258eefc>

As part of this Conference there were local instances called Confluences. We held a confluence at the Good Life School near Koli, Karalia, Finland.

The bioregional confluence was the Ural Mountains & West Eurasian Taiga Forest (FI)

At that confluence we held a parallel event called:

Valon Suomi 2025 (9-12th September).

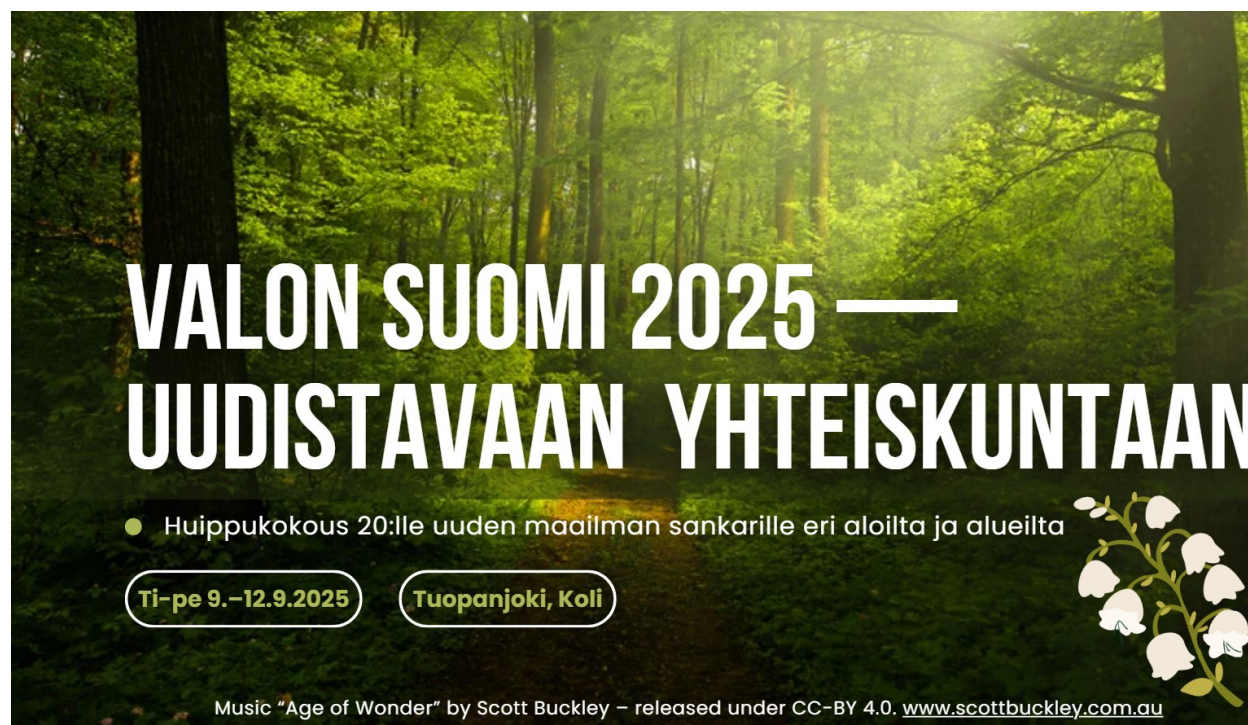
There is a report of Valon Suomi 2025 in Finnish here:

<https://docs.google.com/document/d/1dPCL5Nx0DfmktTUNEZnQ5DAWyksIndiLbL6wO8JW-ds/edit?usp=sharing>

Roughly translated it says:

Accompanied by a holy call, the summit organized by Kestävän Kehityksen Instituutti ry (in English the Sustainable Development Institute). <https://sustainabledevelopment.institute/fi/> gathered 12 pioneers from different fields and regions at the Good Life School (@hyvanelamankoulu) near Koli for four days (9–12 September 2025) to create a foundation for a new land. For more information about the event, see the invitation:

<https://urly.fi/3SPH>



The weather really favored the event, as we were able to enjoy quite summery conditions.

At the beginning, we explained the background and purpose of the event (Ali), as well as the concepts of bioregion and regeneration (Marcus); we will tell you about these in a video ?? We also introduced the SDI (and offered it as a legal platform for the Regenerative Development Network to be established (see video ??).

We used various social technologies:

Pro Action Café; Dragon Dreaming Circle; Cosmic Kitchen visioning game

In the Pro Action Café peer coaching circle, a half-hour exploratory discussion was held about each participant's project, with the aim of spurring them towards a clearer project and concrete progress. Finally, a summary of these projects was made (see below). Through projects, the Network collaborates and builds the next level of society.

We also conceived the idea for the Network for Innovative Development in a dragon dream circle. In addition to implementing projects, it is important how we work together. After the dream circle, we were able to map out how we will take things forward in practice.

Alongside the summit, we also participated in the international online conference 12th International r3.0 Conference 2025 — Braiding Bioregional Resilience & Regeneration: Learning to Reinhabit Earth Together (<https://conference2025.r3-0.org>).

The idea of the two overlapping events was interaction between the local and global levels. There was a lot of content, but there was still time for nature walks and our own evening program (2 pictures??). On the last day, our Ring Convoy (there were nine of us left) set off on a hero's journey to the top of Koli for a top experience — namely, to talk to the Spirit of Finland.

This revealed many interesting and inspiring things about our sacred mission and the future of Finland. In summary, the union of Heaven and Earth was celebrated. On the other hand, the Finnish bioregion — which includes parts of Norway, most of Sweden and western Russia (<https://www.oneearth.org/navigator/>) in addition to Finland — is destined to return to being the spiritual center of the world: Light comes from the North!

Cooperation with some warm countries was also raised. These form the Grand Cross of the four elements (at the same time a reference to Christ consciousness), where the North symbolizes air, the South earth, the West water and the East fire. Let the Sampo sing!

With the summit filled with Love and Light, we came to a deeper understanding of what this is all about: CONNECTION and ROOTING. The problems of the world stem from man's alienation from himself, others, nature and purpose. Renewal is that we give up the selfish aspirations and programming of the ego, allowing us to reconnect with the Being on all levels. Ascension is not about floating in the clouds, but rather a sacred union of spirit with matter. In this way, we are fully present in this world and yet at the same time we are Nature, Life itself — cosmic consciousness experiencing itself.

So our Network for Renewal Development has been created. It is still taking shape, but here are some proposals for the next steps that emerged from our discussions:

- Creating connections with different countries throughout the bioregion. The East in particular feels inviting. After all, the Anastasia community model comes from Russia.
- Regular activities: once a month, some kind of joint activity — e.g., a study circle, a happening, project planning. Something once a week or even daily?
- A retreat/camp quarterly in different places, but once a year at the School of Good Life. The next gathering is 1–6 January 2026. Where?
- On Independence Day, 6 December, we will hold a public event in Tampere on the renewal of Finland based on the summit's results and the activities of our network. Perhaps others can do something similar elsewhere?
- Building a network of trust: inviting new members to join, but only on the basis of personal relationships.
- Implementing the Wonderia digital ecosystem (<https://wonderia.world>) of the School of Good Life.
- Reporting from the summit on 19–20 November in Helsinki at the "6th Peaceful Coexistence Colloquium".
- Project preparation.

The purpose of this network is specifically to create a more beautiful world together. It is aimed at those who are ready for their sacred mission. This activity is supported by the School of Renewing

Life, which in turn aims to support preparation for the mission and the activities of the Network through learning. Both the Network and the School have their own Telegram group. You are welcome to join! 🍷

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Further details:

Proaction

Café

Method <https://redesigntoolkit.io/pro-action-cafe/>

Material used flip charts, pens for harvesting round, projector with times, some “Proactors” made slide presentations too.

We found that the 1st (4min) round naturally segways into the 2nd (12min) and the last (10mins) needs some prompting from the time keeper (animateur) to get final action points / next steps).

We added another post round to harvest all the ideas and to see what people had learnt from the confluence and see where there might be commonalities in ways forward for our Valon Suomi 2025:

This	yielded	3	areas	of	commonality
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Regeneration

Decolonisation

Trauma Healing

Dragon

Dreaming

Method <https://dragondreaming.org/>

We adapted the normal dragon dreaming to 2 rounds to be a. Organisational dreams b. Personal dreams. AND then a final amplification round. Then we harvested.

Cosmic Kitchen

Method <https://www.linkedin.com/in/sakaripulkkinen/>

It became clear that this collaborative co-creation game works well for some people, but some clarity over timings (led by a games master) and how you can focus is needed. Some other groups may struggle without this.

THE PROACTION CAFÉS led to the following people and project ideas:

[Marcus Petz fellowship program](#). During the Proaction Café it became apparent that there is no Finnish word for fellow. So instead we developed the concept of a “[talkolainen](#)” and some ideas for talkoots mixed between practical talkoot work (e.g. stacking wood) and more cerebral endeavors (such as philosophical development). Artist residencies, academic fellowships, curatorial hostings, community arts, collective and individual working. Outputs good for the talkolainen and for the association / network.

NEXT STEPS: To create a description of this kind of fellowship, seek funding and fellows.

PROJECT MEMBERS: Marcus Petz, Kaisa Seppänen, Sade, Ali, Veli

LINK TO PROJECT PAGE / Google doc: (coming soon).

[Mikko Räntilä & Johanna Hyvän Elämän Koulu / School of Good Life](#).

History: Dream 7 years ago - health & sharing space. This place in Koli and another in Cambodia.

Now: Health in a holistic way, Technology Clinic the HBOT - Hyperbaric Oxygen Therapy).

Cambodia is more open to new ideas. E.g. long COVID & vaccination damage healing. Important to be clear and focused about what you do (for yourself and the audience)

Support: People want to support, but in reality we still do the work ⇒ also here a need for clarity. This is a place for a “holistic safe space”. “Grow strong roots despite it being non-definitive”. A physical meeting location instead of online. There is support to buy cheap farms in Eastern Finland - and cooperatives (idea is to make the school of good life a coop - called Osuuskunta Sampo). Place is a liminal space.

What is the core idea? IDEA is to be multicore “Himmeli” that also has a center.

Accommodation is a big thing, but the health service is more inspirational.

“Elämän koulu can be centre of research & learning rather than teaching.

People come and go that create things.

This place can offer accommodation for fellows and other activities when M&J are in Cambodia

How about checking out other similar places?

Hyvä Elämän Kiertokoulu

NEXT STEPS: Connect with Franz Nahrada - strong centre concept; future events and activities e.g. next network meeting; German language regen event.

PROJECT MEMBERS: Mikko R & Johanna

LINK TO PROJECT PAGE / Google doc: <https://wonderia.shop/hek/>

[Muhammad Ali Uudistavan Elämäm opisto / College of Regenerative Life](#). There is a need for a profound shift in consciousness. So there is a need for education with a physical place - network online. It would deal with ecological-socio-cultural regeneration.

Courses: Online learning. Hero's Journey Project. Finnish leading to international action. Building a bridge toward a holistic world.

Sharing: "lukupiiri"; "no need for big & fancy: kiertokoulu / education going round

How to bring the higher alignment into the physical as a part of the project?

Locality rooted in the place (community + nature)

Theory ⇒ Practice

"What is your inner calling? - Sustainability ⇒ learning... helping people to find out who they really are. Need to make new connections, networking "no personal goal" ⇒ gather the tribe.

Valon kylä is in incubation mode. The inner work, awakening individuals. Planning for the awakened. Needs other people, build synergy. Regular meetings physically.

NEXT STEPS: Hero's Journey (funding applied for with 8 international partners); Regen*Dependence Day (funding applied for in Tampere)

PROJECT MEMBERS: Ali, Marcus, Kaisa

LINK TO PROJECT PAGE / Google doc:

Samuli Perälä - nothing to add, network did not attend

NEXT STEPS: To be contacted samuli.perala@kotiinpaluu.info

PROJECT MEMBERS:

LINK TO PROJECT PAGE / Google doc:

[Mika Asikainen Uusi Eurajoki / New Eurajoki](#). Started 5 years ago, with contemplation of the Eurajoki area - how to clean and restore. Taking down dams, closing the paper factory, ideas of building a whole new village. The problematics around agriculture.

Expansion of the project →

Networking with local farmers, talking with Eura mayor → connections naturally emerging

Challenge: Needs a lot of money to happen. Talking about who actually owns the land.

What are the options for farmers?

Budget 3-500 million euro / 5 years.

Connections with the factories and Japanese owner, →needing to happen - involving participants!

Next steps: forming a team, branding - a name for the project, nationwide and global expansion.

NEXT STEPS:

PROJECT MEMBERS:

LINK TO PROJECT PAGE / Google doc: <https://www.yrittajat.fi/yritykset/tmi-mika-asikainen/>

Telegram @Sala_Mika

[Rebecca J. Wicker Letting Nature Take the Wheel.](#)

1. Related to her PhD work. Monoculture. Built artificial ecosystems in lab. Living things can grow on their own, together. Biodiversity is important. Carbon and pollution capture.

Cleanliness.

Wisdom of nature

Balance

Restoration

2. Local food growing. Permaculture is a good resolution to food production. Closed loop systems are good. A solution for Mika's Eurojoki project? Hemp? Growing micro-algae. University of Eastern Finland collaboration.

3. Project with a Chinese professor? Environmental stewardship. Partner with a group in university? Lot of opportunities. Capture emissions from smoke stacks.

NEXT STEPS:

PROJECT MEMBERS:

LINK TO PROJECT PAGE / Google doc:

[Hannu Hyvönen Turning Point documentary movie](#). Evolution from Stop Talvivaara video making.

* Rare Earth Metals * Related to militarisation all over the world * Silencing people. So we have a different dynamic as now we are not just opposing bad corporate actions, but governments thinking in national security military terms. Funding is thus not possible from conventional sources.

Affinity with ZIETGESIT MOVIES

Mining cannot be stopped → We need to change our lifestyle.

Connection to "Mosskoul Varassa" meetings

Purpose - wake up people

Method: Screening in communities. We need physical meetings. Then Discussions putting the themes into local contexts for bioregional action. (understanding the importance of watersheds)

International aspect - so people see connections, but still need to make locally relevant with screenings and actions awoken can take.

Funding: By people who understand the importance of the story.

Energy of people is the key

30 activists

Winning or losing, just do our part

Väen voitto

Even awakening and attracting one team member is a victory. It is documenting a culture change.

Warrior energy: Outer vs. Inner

End of story: Happiness & Love

Get rid of global structures → ACT

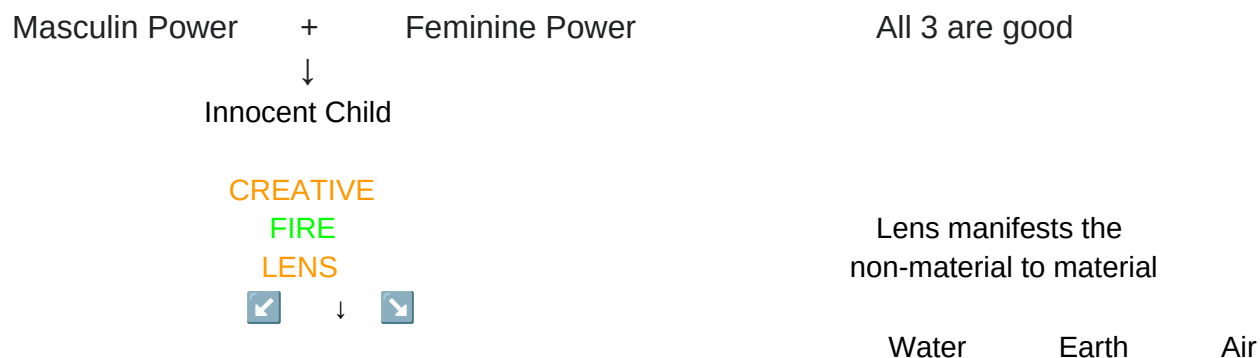
Seeing the wrong, But getting energy

Locally (message) from the right warrior energy of defending right may awaken people's fire to regenerate

Like gathering around the fire (physical or virtual)

It is not against science even if a bit closer to a religious view. Science and mythology can work together. Much is in the book Puhuvan Puun Lapset / Children of the Speaking Tree (international version in progress). Subtitle The Great Flood, 7 seals and the Sampo. Easiest access to the mythic is the fairy tale. Favorite way to access is Sleeping Beauty / Dornröschen / La Belle au Bois Dormant.

There is then a story to explain the word related to the trinity, the sephiroth.



THIS ARRANGEMENT GIVE us the Magic Kingdom where all is well and well governed. It is a complete harmony NOT 2 worlds. This mythical arrangement is found in many tales where there is then a breakage - the break point being at the fire. It may be a poisoned apple eaten, it may be a tree trunk cracking. The 3 do not break as they are the fundamentals of existence. But the break makes a rift a trauma. It can be that the broken is seen as bad knowledge and the complete trinity as good knowledge

The Luciferan approach tries to put the system back as it was and does not want to change (this is not the right course). A regenerative approach tries to make a new arrangement - a new focus and assembly from the broken elements. The regeneration is done by discovering the inner child and the upper bit not by looking at the fractured shards that remain and trying to reassemble them. We can think of this as 9 rings + 1 rule OR as 9 sephiroth and 1 world. The lower sephiroth are the most accessible to us as they are the most material. Yet we should seek the upper ones for reconstitution / regeneration.

MAP



Via 9 portals to make new constitution / regenerate not to same BUT INTEGRAL

Individual ↓ Collective

THIS IS AN ILLUSION

Separation ↓ Individualisation

THIS IS A TRAUMA

Individuality allows for a unique perspective, BUT only into the magic kingdom.

Great tree "automatic creation" - the lucifer archetype - beauty + harmony $\Rightarrow$ $\therefore$ tree breaks to bring in creativity and space.

Core essence of free will is to do something WRONG via volition.

Enough breakage! Now time to move toward integration.

Time Tree!!

Why Great Flood + why Väinämöinen needs to build a boat to survive the Great Flood. There is an abundance of water.

Match with story is coded in that structure - transmovement - we are not dualistic. AWAY from polarities.

YET the Luciferian view is trying to hold the old world as dark + light (the mistaken idea of 2 worlds instead of 1 world and now our regenerative new world).

NOW we are reintegrating away from polarisation

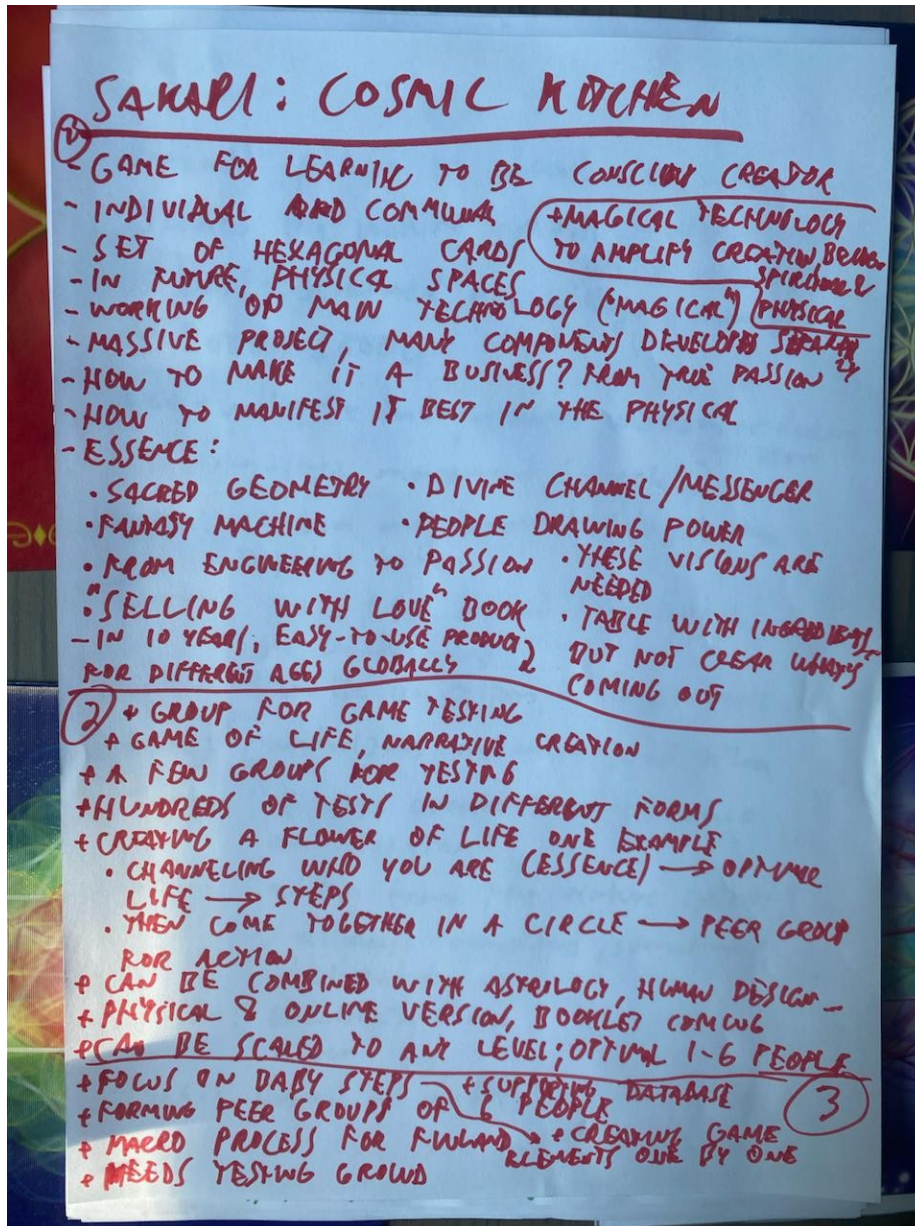
K+S / M+F / E+W for example.

NEXT STEPS:

PROJECT MEMBERS:

LINK TO PROJECT PAGE / Google doc: <https://www.sielunpuu.net/>

Sakari Pulkkinen Cosmic Kitchen



NEXT STEPS:

PROJECT MEMBERS:

LINK TO PROJECT PAGE / Google doc:

[Sade Indigenous Nature Spirits' Ecovillage](#). A small piece of land in Eno. Guided by nature spirits → New World With Nature → Self-sustained ecovillage, womb → 2000 - 3000 years

Eco-village + indigenous wisdom + education

Anastasia movement check? Sade is familiar with the first book *Ringling Cedars of Russia* (also known as *Anastasia*) series of books. <https://de.wikipedia.org/wiki/Anastasia-Bewegung>

Uuden maailman kehto, kukaan → paluu kotiin

Laulu / all united (collages on kaikkialla)

Aibelle on paljon kiinostanesta

Mahdollisuus rakentaa lisää tilaa

How to create more space and lodging?

Calling from Nature Spirits → always connected, sometimes distracted.

Electricity? No. River? Yes.

Connection to Damenhur?

Forest

spiral?

Sade: plans for travels, 3000 years

- Roots in Northern Karelia
- She is a "projector" in Human Design terms
- Role model 50yrs and after

Learnings from earlier community

→ Be open about the project

→ listen to your gut and inner instinct

Kaisa: More life, love and attention

→ more initiating and engaging

→ talkoot to help

NEXT STEPS: Focus on the property and being there; inviting people to help with a call drafted

PROJECT MEMBERS:

LINK TO PROJECT PAGE / Google doc:

[Kaisa Seppänen Space of Remembrance](#). 7 year vision of individual transformation → vision developed over these years

- Spaces for remembrance; virtual and later physical spaces
- Find people with similar ideas
- Open to follow guidance
- Project develops naturally

Follow divine guidance with full trust

- Open timeline
- Project develops and is ready when the time is right

NEXT STEPS:

PROJECT MEMBERS:

LINK TO PROJECT PAGE / Google doc:

[Ossi Kakko \(not present\) Bioregional Learning Centre](#) in Gaija Farm near Pori

NEXT STEPS: KONE Foundation grant en process: a Forest Justice project that includes Gaija Resilience Hub and bioregional learning centre (and India, East Africa, Sapmi, Finland and German forestry perspectives). September application deadline missed: Marcus has written to see if there is a subsequent one.

Possible seeking of support from Bio-Fi Community of Practice website
<https://www.hylo.com/groups/biofi/post/82248>

PROJECT MEMBERS: villeveikkoh1@gmail.com (overall project leader);
maavuohi@gmail.com (Bioregional Learning Centre bit of the project)

LINK TO PROJECT PAGE / Google doc: *Metsän puolella* ("For the Woods") initiative -
<https://koneensaatio.fi/en/metsan-puolella-for-the-woods/>

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Other outputs - ideas from the Confluence:

RegenDependence Day - Yhtenäisyyspäivä / Regen*Dependence Day

A call to be written asking for people to think on how we construct a new relationship to this land which is assembled from what we have now after the trauma we have suffered.

Brainstorm ideas:

- Workshops
- Trauma recognition
- New flag design
- Cosmic Kitchen to vision a new Finland
- Challenging the "luciferan dynamic" of NAZI vs anti-fa to instead concentrate on a new construction that is inclusive (integral) and not about keeping the old ways
- Sephiroth explained to connect with the inner child of Finland - Spirit of Finland
- Sampo creative fire
- Singing
- Plan for Vappu and actions to be taken there to manifest an alternative

NEXT STEPS: Apply for grant to local / national funds (applied to Tampere municipality 30/9)

PROJECT MEMBERS: Marcus Petz, Joe Carroll

LINK TO PROJECT PAGE: <https://www.facebook.com/groups/1470958737382276>

WhatsApp Group: Yhtenäisyyspäivä / Regen*Dependence Day

OTHER

IDEAS??

Campfires / Yarning

NEXT STEPS: Marcus opened poll in Telegram group and posted description of idea

Lenormand cards

NEXT STEPS: Marcus discussed with Federico Bonelli idea of designing card game

Singing - Mountain & Fountain

NEXT STEPS: Marcus discussed with Tomoko Hata idea of composing songs / for kantele

Different sub-regions to connect for next conference / confluence

NEXT STEPS: To identify and reach out to people subregions

Multilingual confluences - so Russian, German, Scandinaviska...

NEXT STEPS: Marcus & Mikko R. discussed German event idea; Franz Nahrada approached.

Connections to Russia - and rest of Bioregion - by stepping outside of geopolitics to eco-political / bioregionalism

NEXT STEPS: Marcus discussed with Andrius Kulikauskas idea of Gleb Turin's connections in Duma

Valon suomi network

NEXT STEPS: Ali renamed Telegram group

Valon Suomi: uudistavan kehittämisen verkosto

Website development

NEXT STEPS: Ali puts on agenda for next Sustainable Development Institute board meeting.

Funding / funders

NEXT STEPS: Ali has been investigating some American foundations and has a funders chart [Rahoituksia uuden maailman hankkeille](#)

Dragon Dreaming Concrete Steps

